



Lancaster County

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
4oz BBQ Pulled Pork Sandwich	Baked Beef Ravioli (6 Ravioli)	Cheeseburger	Open Faced Turkey Sandwich	Chicken, Spinach & Cranberry Salad
1/2c Hawaiin Coleslaw	w/ 1oz Shredded Cheese	w/ Lettuce, Tomato	w/ Gravy	w/ Dressing
1/2c Ranch Potatoes	1c Tossed Salad w/ Tomato	1 c. Creamy Potato Soup	1/2c Whipped Potatoes w/ Chives	(3oz chix, .5oz cheese, 1t. Cran)
Sandwich Roll	1 Garlic Breadstick	with crackers	1/2c Sweet Corn	1c. Mixed Greens & Spinach
Cookie	Seasonal Fresh Fruit	1 Hamburger Roll	1 White Bread	1/2c. Beets
	ITEM	Seasonal Fresh Fruit	1 Cookie	1 Breadstick
				1 Piece Cake
8	9	10	11	12
Teriyaki Chicken	Roast Beef w/ Gravy	Sliced Ham w/ Pineapple Sauce	Orange glazed pulled pork	4oz Tuna Salad Sandwich
1/2c Vegetable Rice Pilaf	1/2c Mashed Potatoes	1/2c Whipped Sweet Potatoes	1/2c Buttered Pasta	w/lettuce & tomato
1/2c Carrots	1/2c Mixed Vegetables	1/2c Green Beans	1/2c California Blend	1/2c Broccoli Salad
1 Wheat Bread	1 White Bread	1 Dinner Roll	1 Wheat Bread	1/2c Coleslaw
Seasonal Fresh Fruit	1/2c Pudding	1 Cookie	1/2c Peach Crisp	2 White Bread
				Seasonal Fresh Fruit
15	16	17	-	19
BBQ Ribette	Parmesan Chicken Over	Turkey Chef Salad	1c Stuffed Pepper Casserole	4oz Sloppy Joe
1/2c. Rice	1/2c. Lemon Asparagus Pasta	(2oz Turkey, 1oz Cheddar, over	1/2c Wax Beans	Baked Potato
1/2c Mixed Vegetables	1c. Tossed Salad W/Tomato	1c Mixed Greens w/ Tomato)	1/2c Peas & Carrots	1/2c Green Beans
1 Wheat Bread	1 Breadstick	1 c. Vegetable Soup w/ Crackers	1 White Bread	1 Hamburger Bun
Seasonal Fresh Fruit	1/2c. Mandarin Oranges	1 Dinner Roll	1/2c Pudding	Seasonal Fresh Fruit
		Cookie		
22	23	24	25	26
Swiss Steak	Creamy Vegetable Lasagna	Creamy Garlic Chicken Breast	Baked Lemon Pepper Fish	Baked Meatloaf w/ Gravy
w/ 2oz Onion Gravy	.5oz Shredded Mozzarella	1/2c Buttered Noodles	1/2c Rice Pilaf	1/2c Mashed Potatoes
1/2c Diced Parsley Potatoes	1c Tossed Salad	1/2c Green Beans	1/2c California Blend Vegetables	1/2c Peas
1/2c Carrots	1 Garlic Breadstick	1 Wheat Bread	Dinner Roll	1 White Bread
1 Wheat Bread	1/2c Peaches w/ 1/4c Cottage Cheese	1/2c Apple Crisp	Seasonal Fresh Fruit	Cookie
1/2c Blushed Pears				
		NEW TITEM		
29	30	000		N.
Creamy Parmesan Pork Chop	Pasta & Meatballs (4)	and the		
1/2c Diced Redskin Potatoes	1/2c Pasta w/ Marinara			
1/2c Green Beans	1c Tossed Salad w/ Tomato	3.		The
1 Dinner Roll	1 Garlic Breadstick			Nutrition M
1/2c Pineapple Tidbits	1/2c Mixed Fruit Salad			Group
Cookie		Samores	*menu subject to change	Group